

## Appendix 1. Studies selected for the analysis

1. Bouchery EE, Barna M, Babalola E, Friend D, Brown JD, Blyler C, et al. The effectiveness of peer-staffed crisis respite program as an alternative to hospitalization. *Psychiatric Services*. 2018; 69(10):1069-1074.  
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2. Burti L, Amaddeo F, Ambrosi M, Bonetto C, Cristofalo D, Ruggeri M, et al. Does additional care provided by a consumer self-help group improve psychiatric outcome? a study in an Italian community-based psychiatric service. *Community Mental Health Journal*. 2005;41(6):705-720.  
<https://doi.org/10.1007/s10597-005-6428-1>
3. Croft B, Ísvan N. Impact of the 2nd story peer respite program on use of inpatient and emergency services. *Psychiatric Services*. 2015;66(6):632-637.  
<https://doi.org/10.1176/appi.ps.201400266>
4. Greenfield T, Stoneking B, Humphreys K, Sundby E, Bond J. A Randomized Trial of a Mental Health Consumer-Managed Alternative to Civil Commitment for Acute Psychiatric Crisis. *American Journal of Community Psychology*. 2008;42(1-2): 135-144. <https://doi.org/10.1007/s10464-008-9180-1>
5. Johnson S, Lamb D, Marston L, Osborn D, Mason O, Henderson C, et al. Peer-supported self-management for people discharged from a mental health crisis team: a randomised controlled trial. *The Lancet*. 2018;392(10145):409-418.  
[https://doi.org/10.1016/s0140-6736\(18\)31470-3](https://doi.org/10.1016/s0140-6736(18)31470-3)
6. Kido Y, Kawakami N, Kayama M. Comparison of hospital admission rates for psychiatric patients cared for by multidisciplinary outreach teams with and without peer specialist: a retrospective cohort study of Japanese Outreach Model Project 2011-2014. *The British Medical Journal*. 2018;8(8):1-9.  
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7. Landers GM, Zhou M. An analysis of relationships among peer support, psychiatric hospitalization, and crisis stabilization. *Community Mental Health Journal*. 2011;47(1):106-112.  
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8. Mahlke CI, Priebe S, Heumann K, Daubmann A, Wegscheider K, Bock T. Effectiveness of one-to-one peer support for patients with severe mental illness?: a randomised controlled trial. *European Psychiatry*. 2017;42:103-110.  
<https://doi.org/10.1016/j.eurpsy.2016.12.007>
9. Nelson G, Ochocka J, Janzen R, Trainor J. A longitudinal study of mental health consumer/survivor initiatives: Part 2: a quantitative study of impacts of participation on new members. *Journal of Community Psychology*. 2006;34(3):261-272.  
<https://doi.org/10.1002/jcop.20098>
10. O'Connell MJ, Sledge WH, Staeheli M, Sells D, Costa M, Wieland M, et al. Outcomes of a peer mentor intervention for persons with recurrent psychiatric hospitalization. *Psychiatric Services*. 2018;69(7):760-767.  
<https://doi.org/10.1176/appi.ps.201600478>
11. Rogers ES, Maru M, Johnson G, Cohee J, Hinkel J, Hashemi L. A randomized trial of individual peer support for adults with psychiatric disabilities undergoing civil commitment. *Psychiatric Rehabilitation Journal*. 2016;39(3):248-255.  
<https://doi.org/10.1037/prj0000208>
12. Ruchlewska A, Wierdsma AI, Kamperman AM, van der Gaag M, Smulders R, Roosenschoon B-J, et al. Effect of crisis plans on admissions and emergency visits: a randomized controlled trial. *PLoS ONE*. 2014;9(3):1-9.  
<https://doi.org/10.1371/journal.pone.0091882>
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14. Sledge WH, Lawless M, Sells D, Wieland M, O'Connell MJ, Davidson L. Effectiveness of peer support in reducing readmissions of persons with multiple psychiatric hospitalizations. *Psychiatric Services*. 2011;62(5):541-544.  
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