

Appendix 1. Studies Cited in the This Paper among Research Published in 'Journal of Korean Academy of Psychiatric and Mental Health Nursing' over the last 10 years

- A1. Nam KA. Analysis of qualitative research in Psychiatric and Mental Health Nursing. *Journal of Korean Academy of Psychiatric and Mental Health Nursing*. 2014;23(4):311-321. <https://doi.org/10.12934/jkpmhn.2014.23.4.311>
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- A3. Kim HJ, Im SB. Effects of gymnastics-based nursing Intervention on stress, obesity, and mental health confidence in patients with chronic mental illness. *Journal of Korean Academy of Psychiatric and Mental Health Nursing*. 2021;30(1):53-66. <https://doi.org/10.12934/jkpmhn.2021.30.1.53>
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